

## **CV: Mahnaz Moghanloo**

### **1- General information**

Assistant professor of the Psychology Department in Payam Noor University,  
Rabat Karim-Parand Center

Name and surname: Mahnaz Mughanloo, father's name: Abdul Hossein,  
birth date: 25/6/1359, in Tehran, married

### **2- Educational history**

- 1- Secondary course: Humanities, GPA 18.77, first rank, graduation date: 30/3/1377
- 2- Bachelor's degree: psychology of exceptional children from Shahid Beheshti University, entry year: 1378, entrance rank: 194, graduation date: 12/25/1382, GPA: 24/18, graduation rank: third
- 3- Master's course: General Psychology, Tarbiat Modares University, entry year: 83, entry rank: 23, graduation date: 3/27/1386, GPA: 18/76, graduation rank: first
- 4- Doctoral Course: Psychology, Tarbiat Modares University, Entry Year: 1387, Passed by Elite Quota, Graduation Date: 12/8/1391, GPA: 11/18

### **3- Academic points and ranks**

- 1- Distinguished student (first rank) in the master's course.
- 2- Obtaining the third rank in the expert course.
- 3- Ranking 87th and 194th respectively in the national university exams for the undergraduate course of 1377 and 1378.
- 4- Rank 14 in clinical psychology sub-group, 23rd rank in clinical psychology sub-group and 38th rank in psychometric sub-group in the 2013 national master's exam.

## **4-Research history and articles**

### **4-1 scientific research articles**

1- Domain and facet personality correlates of religiosity among Iranian College Students. (2008). Vafaie, M. A., & Moghanloo, M. *Mental health, Religion & Culture*, 11 (5), 461- 483.

2- Determination the effect of neurofeedback training in the neuropsychological rehabilitation in inattentive and combined subtypes of attention deficiency/Hyperactivity disorder (2014). Moghanloo, M; Vafaie, A. M., Rostami, R., Farahani, H., *Neuroregulation*, 1 (2), 131-150.

3- The comparison of cognitive self-control in addict who managed to quit and those who are still using drugs (2016). Kolivand Zahra; Moghanloo, Mahnaz., *Journal of management and social studies*, 3 (7), 182-188.

4-Comparison of personality profile of prison criminals in the Yasooj Central Penitentiary and noncriminal based on 16 personality factors, 5 february 2022, *industrial psychiatry*,30, 2, 132-156

5- The effectiveness of schema therapy on psychological well-being, perceived social support, and psychological capital in daughters of veteran of the Iran-Iraq imposed war, *Iran J War Public Health* 2022, 14(4): 1001-1012

6-Effectiveness of Schema Therapy on Psychological Well-being, Perceived Social Support, and Psychological Capital in Daughters of Veterans of Iran-Iraq Imposed War (2022). Iranian Journal of War & Public Health 2022;14(4):401-408.

7- - The relationship between the five-factor model of personality and identity styles, authors: Mahnaz Maghanlou, Dr. Maryam Aguilar Vafai, Dr. Mehrnaz Shahrarai, published in two scientific and research journals of psychological research in the winter issue of 2017.

8- The relationship between the factors and facets of the five-factor model of personality with happiness, mental and physical health, authors: Mahnaz Mughanlou, Dr. Maryam Aguilar Vafaei, published in the scientific, research journal of psychiatry and clinical psychology of Iran, volume 15, number 4 (winter 2018).

9- Examining the relationship between identity styles and religiosity, published in the scientific, research journal of psychiatry and clinical psychology in Iran. Authors: Mahnaz Mughanlou, Dr. Maryam Aguilar Vafai, Dr. Mehrnaz Shahrarai (Winter 2018)

10- The relationship between factors and aspects of the five-factor model of personality with religiosity. Authors: Mahnaz Mughanlou, Dr. Maryam Aguilar Vafai, Dr. Mehrnaz Shahrarai. Published in two scientific quarterly journals of psychological research, 14th year, number 1 (27 series). Summer 2019

10 - Investigating the relationship between the duration of using virtual games and identity processing styles in students aged 18 to 30. Seyyed Zahra Azandeh, Mahnaz Mughanlou. Published in the specialized scientific research journal of psychology and educational sciences, volume 2, number ½, 33-46. Summer 2015.

11- Comparison of self-differentiation and cognitive self-control of addicts who successfully quit and those suffering from substance dependence. Mahnaz

Mughanlou, Zahra Kolivand. Published in the Scientific Research Journal of Addiction Research. Volume 12, Number 46, 101-120. Summer 2017.

12- Comparison of self-differentiation and cognitive self-control of addicts who successfully quit and those suffering from substance dependence. Mahnaz Mughanlou, Zahra Kolivand. Published in the Scientific Research Journal of Addiction Research. Volume 12, Number 46, 101-120. Summer 2017.

13- Predicting the emotional empathy of veterans' wives based on the cognitive regulation strategies of emotion and resilience. Mahnaz Mughanlou, Seyyed Masoumeh Hosseini. Published in a scientific research journal with the ISC rating of veteran medicine, spring 2018, number 43. Link: [magiran.com/p1984695](http://magiran.com/p1984695)

14- Predicting emotional creativity based on the sensitivity of sensory processing and family communication patterns in adolescents, Mughanlu and Fathipour. Journal of Psychological Studies and Educational Sciences, Volume 7, Number 2, Summer 1400, 318-332, issn: 6742-7744

15- Modeling the tendency to addiction based on the characteristics of the five-factor model of personality Resilience mediation in students, Spring 1401, addiction research, Moghanlu and Valivand. 267-284

#### **4-2 conference articles**

1- Investigating the relationship between demographic variables and anxiety in Payam Noor Bushehr University students. Authors: Seyed Younes Mohammadi Yousefnejad and Mahnaz Mughanlou. Published in a collection of articles by Payam Noor Neka University in the International Conference on Management, Economics, Accounting and Educational Sciences on 3/30/2014.

2- Investigating the relationship between the duration of using virtual games and identity processing styles in students aged 18 to 30. Seyyed Zahra Azandeh, Mahnaz Mughanlou. Oral presentation at the 5th International Conference on Psychology and Social Sciences on July 30, 2015.

3- Comparison of cognitive self-control in addicts who successfully quit and those suffering from substance dependence. Zahra Kolivand, Mahnaz Mughanlou. Oral presentation at the 5th International Conference on Psychology and Social Sciences on July 30, 2015.

4- Comparison of executive actions and attention in forms of attention deficit and combined attention deficit/hyperactivity disorder. Authors: Mahnaz Mughanlou. Oral presentation at the third conference on recent innovations in psychology, counseling and behavioral sciences on December 30, 2015. Indexed in SILIVICA and with ISC rating.

5- Comparison of internalizing disorders in divorced and normal children based on the emotional indices of the Goodinaf-Harris manikin drawing test. Authors: Somia Vahabinejad, Mahnaz Mughanlou. Oral presentation at the third conference on recent innovations in psychology, counseling and behavioral sciences on December 30, 2015. Indexed in SILIVICA and with ISC rating.

6- Comparison of family communication patterns and cognitive emotion regulation strategies in addicts who successfully quit and addicts who failed to quit. Mahnaz Mughanlou, Maryam Yousefian Oral presentation on July 21, 2017 at the 5th International Conference on Psychology, Educational Sciences and Lifestyle.

7- The predictive role of metacognitive beliefs in the quality of life of married couples, Dobir. Mahnaz Mughanlou, Leila Alizadeh Samet. Oral presentation at the third national conference of new approaches in human sciences, challenges and solutions. Organized by Payam Noor University. Dated 26/2/1397

8- The relationship between academic self-efficacy and educational self-defeating behaviors among female secondary school students. Azadeh Ali Bakshi, Mahnaz Mughanlou. 9th scientific research conference on the development and promotion of educational sciences and psychology in Iran. 1402

#### **4-3 research projects**

1- Schema therapy with the title "Effectiveness of schema therapy on psychological well-being, perceived social support and psychological capital in children of Iran-Iraq imposed war veterans in Bushehr province" in the year (1401). Project outside the institution with the Martyr Foundation and Veterans Affairs, Veterans Engineering Research Center.

2- A research project titled "Screening course for mental disorders and learning problems of students, especially for preschool teachers and elementary teachers and counselors" in the form of a short-term study opportunity (relationship with industry and society). For the education of Rabat Karim city in the form of in-service courses for teachers and school counselors.

#### **4-4 authored books**

1- Authoring the book Cognitive Processing of Religion: Approaches and its relationship with personality traits and identity styles. Authors: Dr. Mahnaz Mughanlou, Dr. Maryam Aguilar Vafaei (2015)

2- Authoring the book Executive Actions and Attention in Attention Deficit/Hyperactivity Disorder. Authors: Mahnaz Mughanlou, Dr. Reza Rostami (2015)

3- Emotional interpretation of the dummy test by Godinaf, Mughanlou and Fatemeh Vahabinejad, Avai Noor 1400.

4- The feeling of loneliness in a child and its relationship with creativity, Mughanlou and Jajarieh, Giva Publications, 1400

#### **4-5 Thesis guidance records:**

1- Zahra Azandeh, General Psychology, Master's Degree, 24/5/2014: Investigating the relationship between the duration of using computer games, identity styles and depression in students aged 18 to 30, student

2- Nasrin Mirzaei, clinical psychology, master's degree, 10/10/2014: The role of emotion regulation strategies in nurses' resilience and hope for the future

- 3- Zahra Kolivand, clinical psychology, master's degree, 11/28/2014: comparison of self-differentiation, sensitivity of sensory processing and cognitive self-control in drug addicts who successfully quit and those suffering from substance dependence
  - 4- Shabnam Rafati, clinical psychology, master's degree, 6/29/2015: Investigating the role of sensory processing sensitivity and behavioral brain systems in predicting marital satisfaction
  - 5- Fatemeh Vahabinejad, clinical psychology, master's degree, 5/6/2015: Comparison of the severity of emotional and behavioral disorders in children of divorced and normal families using the emotional indicators of the Goodinaf-Harris manikin drawing test.
  - 6- Aghdas Siahpour, Educational Psychology, Master's Degree, 29/6/2015: The role of emotional self-regulation and emotional creativity in the level of adaptation of secondary school students
  - 7- Behnaz Shahriari, clinical psychology, master's degree, 11/30/2015: comparison of psychological capital (hope, optimism, resilience and self-efficacy) in damaged girls and normal girls
  - 8- Leila Alizadeh Samet, general psychology, master's degree, 29/6/2015: the predictive role of metacognitive beliefs and cognitive emotion regulation strategies in the quality of life of the teacher's spouses
  - 9- Afsana Jajarieh, general psychology, master's degree, 6/29/2015: predicting children's feelings of loneliness based on creativity and personality traits.
  - 10- Roya Fathipour, Master's degree, Educational Psychology, 29/6/2015: Prediction of emotional creativity based on sensory processing sensitivity and family communication patterns in high school students.
- Seyed Masoumeh Hosseini, Master's Degree, Educational Psychology, 11/8/2015: The relationship between cognitive emotion regulation strategies and resilience with emotional empathy of veterans' wives.

12- Mohammad Gholami, Master's degree, General Psychology, 23/1/2016: Comparison of behavioral brain systems and personality factors in criminals and non-criminals in Tehran prison.

13- Maryam Yousefian Bahret, M.Sc., Clinical Psychology, 22/6/2016: Comparison of primary maladaptive schemas, family communication patterns, and cognitive emotion regulation strategies in addicts who successfully quit and addicts who failed to quit.

14 - Pegah Amiri Aram, Master's degree, Clinical Psychology, 22/6/2015: Comparison of psychological toughness, death anxiety and coping strategies in women with cardiovascular disease and women with cancer.

15- Sharare Kakavand, Master's degree, Clinical Psychology, 10/22/2016: The effectiveness of assertiveness training, self-efficacy and perception of social support of working children.

16- Yasser Valivand, master's degree, clinical psychology, 1/3/2017. Prediction of addiction tendency based on resilience, mental health and personality traits.

17- Razia Abdul Hosseini, master's degree, clinical psychology, 1/3/2017. Prediction of resilience in MS patients based on spiritual attitude and social adaptation

Mohammad Mokhtari, master's degree, clinical psychology, 1/3/2017. Examining the role of cognitive emotion regulation strategies and emotional structures in predicting verbal and physical aggression dimensions (anger and hostility) of male adolescents.

#### **6.4 Arbitration records**

1- Refereeing 2 articles in the scientific journal of psychological research

2- Judging 41 articles in the first international conference of educational sciences, psychology and social sciences dated July 6, 2015

3- Judging 10 articles in "International Congress of Islamic Sciences, Humanities" on 29 December 2015

4- Judging and supervising the research project in the Martyrs and Veterans Foundation Research Institute

Records of cultural activities and speeches in the conference

1- Speech at the third meeting of the neuro-educational group with the topic "The relationship between the development of neuropsychological technologies and educational methods: opportunities and challenges" on 12/6/2013.

2- Speech at the Islamic lifestyle conference at Payam Noor University, Rabat Karim Parand Center on May 17, 2016

3- Providing advice on the plan to prevent street fights to the police force during 4 brainstorming sessions from 7/17/1392

4- Participating in holding a conference on conflict and conflicts and ways to prevent them at Payam Noor University, Rabat Karim Center, dated 9/4/2013

5- Lecture at the Industrial Addiction Prevention Conference at Payam Noor University, Rabat Karim Parand Center

6- Forming a scientific association of psychology in a university unit with the participation of students and continuous supervision in the form of weekly meetings

7- Working as a psychologist consultant in the Student Counseling Center of Payam Noor University, Rabat Karim Parand Center

### **5-Holding conferences and scientific conferences**

1- Membership in the scientific and judging committee in the third international conference on recent innovations in psychology, counseling and educational sciences, 1/12/2018

2- Membership in the scientific committee and judges of the ISC National Research Conference on Psychology on 6/1/99

3- Membership in the scientific committee and judges of the second national congress of new findings in the field of family, mental health, disorders, prevention and education on June 24 and 25, 2019 at Allameh Tabatabai University.

## **6-Participation in scientific, cultural and knowledge-enhancing workshops of professors**

1- 16 hours of introductory neurofeedback workshop on December 11 and 12, 2019 by the Iranian Psychological Association

2- 16 hours of advanced neurofeedback workshop on 23rd and 24th of July 2019 by Atiye Neurological Clinic

3- Educational workshop to learn about the promotion, promotion and study opportunity regulations of Podman 1, 6/14/2016 for 8 hours. Organized by: Open and Remote Exam Research Institute, Central Organization of Payam Noor University

4- Principles of education level 2 dated 6/25/1396 for 16 hours. Organized by Payam Noor University of Tehran Province

5- Epistemology level 1 (explaining and responding to religious doubts) from 24 to 27 September 2019 for 16 hours. Organized by Payam Noor University

6- Epistemology level 3. Date 4 to 5 August 2019 for 16 hours. Organized by the Research Institute of Information Science and Technology of Iran

7- Lifestyle. Dated 4/29/99 to 5/15/99 for 16 hours. Organized by the Research Institute of Food Science and Industry

8- Political thought and foundations of the Islamic revolution - level 5 (Islamic revolution, today's world and future horizons with emphasis on the statement of the second step). for 16 hours. 22nd, 23rd and 24th of Shahrivar 2019. Organized by Islamic Azad University of Golestan province

## **7- Records of executive affairs**

1- Employed in Atiye Neuropsychology Clinic as a neurotherapist (conducting neurofeedback treatment) and counseling and psychological evaluation of children and adolescents from February 2018 to October 2019. Contact phone: 02184012000

